



L O N G B E A C H

Wave

A publication
for the Long Beach community

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City web site: www.longbeach.gov

Long Beach Energy Customers Encouraged To Conserve Higher Natural Gas Prices For Winter

Natural gas prices for Long Beach Energy (LBE) customers are expected to increase from 49 cents to \$1 per therm in the winter months of November 2004 through April 2005. At that price the average winter bill would be \$91.08. Energy consumption and gas bills may also increase if we experience a colder winter than last year.

Long-term natural gas contracts are in place to protect customers from the high spikes that occurred a few years ago. LBE maintains 8 million lower-priced therms in storage, helping to reduce the anticipated winter prices. Compared to other Southern California utilities, Long Beach customers currently receive the lowest bills.

Conserve Energy and Save Money!

Energy conservation is always an important issue, so it's useful to learn ways to naturally conserve heat in your homes. Ideas include:

- During winter, keep your thermostat at 68 degrees Fahrenheit during the day, 60 degrees Fahrenheit at night and turn it off when you are away or on vacation.

- Install attic insulation to reduce your heating bill by 20 percent.
- Stop air leaks by caulking and insulating gaps and holes where plumbing pipes and wires enter your home and around exhaust fans and vents as they exit your home.
- Consider weather stripping doors and windows to cut air drafts.
- Use your windows to your advantage. Open draperies to let the sunshine in on bright days, consider using insulated draperies and shades, and close draperies or pull down shades at night, or when temperatures drop.

For more tips on how to conserve energy in your home, visit www.lbenergy.org for energy saving ideas.

Managing Your Gas Bills:

A Level Pay Plan and Utility Assistance Programs are available. The City of Long Beach offers assistance to low-income customers so they can better manage their gas bills. For more information on any of these programs or to apply for services, please call 570.5700.

Protecting Your Home During The Rainy Season

During the rainy months, City of Long Beach Fire Stations are giving local residents and businesses up to ten bags, which can then be filled with sand that is available for purchase at local building supply stores such as Lowes, Home Depot, and South Coast Shingle Co. Those with Long Beach identification can pick up their free bags at the following stations:

Station 1	100 Magnolia Ave.	90802
Station 2	1645 E. 3rd St.	90802
Station 3	1222 Daisy Ave.	90813
Station 4	411 Loma Ave.	90814
Station 5	7575 E. Wardlow Rd.	90808
Station 7	2295 Elm Ave.	90806
Station 8	5365 E. 2nd St.	90803
Station 9	3917 Long Beach Blvd.	90807
Station 10	1417 Peterson Ave.	90813
Station 11	160 E. Market St.	90805
Station 12	6509 Gundry Ave.	90805

Station 13	2475 Adriatic Ave.	90810
Station 14	5200 Eliot St.	90803
Station 17	2241 Argonne Ave.	90815
Station 18	3361 Palo Verde Ave.	90808
Station 19	3559 Clark Ave.	90808
Station 22	6340 Atherton St.	90815

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Prevent The Flu This Winter With These Helpful Hints

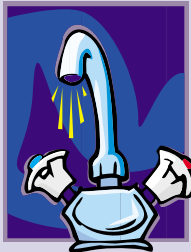
Help stop the spread of infection:

- Cover your mouth when you sneeze or cough
- Keep your fingers out of your mouth, nose and eyes
- Stay home from school or work when you are ill with a cold or flu
- Get plenty of rest
- Never share toothbrushes, towels, drinking glasses or utensils



Regular hand washing is the most important means of preventing infection:

- After you use the restroom
- Before and after you cook or eat food
- After you care for your pet
- After you change a diaper
- After you cough into your hands or blow your nose
- Before and after you care for someone who is ill



For information on protecting yourself and your family from the flu this year, please contact the City of Long Beach Department of Health and Human Services' Immunization program at 570.4212 or log on to www.longbeach.gov/health and www.cdc.gov.

HOLIDAY EVENTS

Mark your calendars - you won't want to miss these exciting holiday events in Long Beach:

- December 4 Belmont Shore Parade - 434.3066
- December 5 Snow in Bixby Knolls - 595.0081
- December 11 Daisy Lane Christmas Parade - 570.6139
- December 11 Naples Boat Parade - 439.0789

MAKE TREECYCLING A TRADITION

FREE DROP-OFF LOCATIONS

December 26, 2004 to January 7, 2005

You can drop off your Christmas tree Monday through Friday, 9 a.m. to 5 p.m., or Saturday and Sunday, 9 a.m. to 2 p.m., at one of the listed locations:



CSULB

Recycling Center
5800 Atherton Blvd.
East of Bellflower Blvd.

North Police Substation

4891 N. Atlantic Ave.
at Del Amo Blvd.
Enter on 46th St.

Fire Station #14

5200 Eliot St. at Colorado Ave.

City Operations Center

Environmental Services Bureau
2929 E. Willow St.

Bixby Park

1st St. at Cherry Ave.

Cesar E. Chavez Park

Golden Shore St. at 4th St.

Houghton Park

Myrtle Ave. at Harding St.

Hudson Park

Hill St. at Webster Ave.

Stearns Park

Corner of 23rd St. & Roycroft Ave.

Veterans Park

28th St. at Pine Ave.

Wardlow Park

Monlaco Rd. at Rutgers Ave.

FREE PICK-UP • Saturday, January 8, 2005

If you have City refuse service, put your Christmas tree out where your trash is normally collected by 7 a.m. on January 8, and it will be recycled. **All decorations and stands MUST be removed. Trees over 12' tall should be cut in half.**

www.longbeach-recycles.org



Adjust your sprinklers



Now that winter is here, it's time
to adjust your sprinklers.

Visit www.mwdh20.com and click on the watering calculator to find out the optimum frequency and watering times for your landscaping, or contact the Long Beach Water Department at 570.2300 for more information.

A message from the Long Beach Water Department - your partner in saving water and money.

This information is available in an alternate format by calling 570.6999.